



Through advocacy, public education and personal support, Dying With Dignity Canada ensures Canadians have access to quality end-of-life choice and care.

## WHO WE ARE

Dying With Dignity Canada is the national human-rights charity committed to improving quality of dying, protecting end-of-life rights, and helping Canadians avoid unwanted suffering.

## WHAT WE DO

1. We defend human rights
2. We provide personal support
3. We educate communities
4. We support health care practitioners who assess for and provide medical assistance in dying (MAID)

WE ARE COMMITTED TO HELPING CANADIANS UNDERSTAND THEIR OPTIONS AND ACHIEVE **PEACE OF MIND** ABOUT THEIR CARE AT END OF LIFE.

\*Note: DWDC supports Canadians navigating end-of-life choice and care; we do not provide the information or means to end a life.

## EDUCATION

Informing yourself about your legal rights and options at end of life is the best way to get the treatment you want and the peace of mind you need.

We offer the following information and education opportunities:

- Webinars and presentations
- Information about end-of-life rights and options
- National and provincial resources
- Advance Care Planning Kits
- Resources for clinicians
- Regular blog posts with end-of-life stories and information





## ADVOCACY

We advocate on behalf of the **85 per cent** of Canadians who support the right to choice at end of life.

Our advocacy work includes:

- Engaging decision-makers in creating fair end-of-life legislation
- Amplifying Canadians' voices through letter writing and advocacy campaigns
- Standing up for patients whose rights are being denied or ignored
- Identifying and helping to remove barriers to accessing MAID



## SUPPORT

Do you have questions about end-of-life rights or choice for yourself or a loved one? Our Support Team offers information on:

- End-of-life care
- End-of-life rights
- Navigating a request for medical assistance in dying (MAID)
- Independent witnessing for MAID
- Resources in your community

Our support team can be reached  
 Mon – Fri 9:00 a.m. – 5:00 p.m. ET,  
[support@dyingwithdignity.ca](mailto:support@dyingwithdignity.ca) or  
 call 1-800-495-6156, PRESS 1



## BE PREPARED:

### Advance Care Planning

Completing an Advance Care Plan gives you peace of mind and ensures the care you want is documented and clear. You have the right to make decisions about your own health care. But what if an accident or serious illness prevents you from communicating your wishes?

Complete one of our Advance Care Planning Kits to make your wishes known.

This step-by-step guide walks you through your options, helps you choose what is right for you and explains how to communicate your wishes to loved ones and health care providers.

Download an ACP Kit and a provincial/territorial form for free on our website at [www.dyingwithdignity.ca](http://www.dyingwithdignity.ca).



## VOLUNTEER

Volunteers are the heart of DWDC. Without their efforts, we would never be able to achieve our goals. We need people who can:

- Advocate for end-of-life rights in their community
- Organize local events
- Facilitate educational workshops
- Support or start a DWDC Chapter in their community
- Become an Independent Witness for medical assistance in dying

Learn more about our volunteer opportunities at [www.dyingwithdignity.ca/volunteer](http://www.dyingwithdignity.ca/volunteer).

## FUND OUR WORK

Donating to DWDC enables us to provide support and education, and to defend Canadians' end-of-life rights. In addition to the different options listed on the donation form, there are many ways you can give:

- Donate online
- Send an e-transfer
- Give a gift of securities
- Send a wire transfer
- Make a planned bequest
- Give a gift in memoriam

For more information, or to make a donation go to [www.dyingwithdignity.ca/donate](http://www.dyingwithdignity.ca/donate) or call 1-800-495-6156, PRESS 2

## OUR IMPACT

“Volunteering with DWDC’s Victoria Chapter has connected me with many other citizen groups and taught me a great deal about issues surrounding ageing in my community.”

– Lynne Van Luven, DWDC Volunteer

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“DWDC has supported me immensely through the toughest journey of my life. The Support Team provided me with useful information to take control of my life and make informed decisions.”

– Monica, DWDC Support Program Client

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“Of all the worthy causes my wife and I care about, DWDC happens to rank quite high. The concept of a dignified dying process was important to us. We have Advance Care Plans in place thanks to DWDC’s effort to introduce and make them available to the public.”

– Sam, DWDC Donor

## STAY IN TOUCH

Sign up on our website to receive regular updates from DWDC on upcoming webinars, events, advocacy initiatives, and opportunities to engage.

Website: [www.dyingwithdignity.ca](http://www.dyingwithdignity.ca)

Email: [info@dyingwithdignity.ca](mailto:info@dyingwithdignity.ca)

Facebook: [DWDCanada](https://www.facebook.com/DWDCanada)

Twitter: [@dwdcanada](https://twitter.com/dwdcanada)

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