

- 1. Print this page out at 100% size, in colour
- 2. Cut out and fold as indicated
- 3. Fill in ALL of your Health Care Directive details
- 4. Place in your purse or wallet where it can be readily found in case of an emergency
- Consider downloading a corresponding "fridge note" from the Dying With Dignity Canada website HERE

www. dyingwithdignity. ca

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